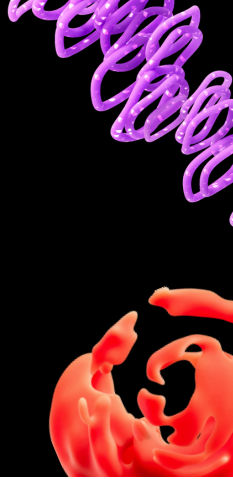


# *Healing with Mother Medicine*

A Transformational Retreat Experience



Welcome to a guided, immersive retreat designed for profound emotional, mental, and spiritual healing through connection with sacred plant medicine.

This is an opportunity to step away from the demands of daily life and enter a space of deep self-discovery and transformation. Our retreat provides a safe, supportive, and nurturing environment for you to explore your inner landscape and reconnect with your authentic self.

## What to Expect

- **Small Group Setting:** Intimate environment fostering deep connection and personalized support.
- **Peaceful Natural Environment:** Immerse yourself in the tranquility of nature, conducive to healing and reflection.
- **Nourishing Meals:** Enjoy wholesome, plant-based meals designed to support your well-being.
- **Simple Accommodations:** Comfortable and minimalist spaces to encourage rest and introspection.
- **Traditional Plant Ceremonies:** Guided by skilled and compassionate practitioners with years of experience.
- **Gentle Preparation & Integration Support:** Comprehensive guidance before, during, and after the ceremonies to ensure a safe and meaningful experience.
- **Time for Rest, Reflection, & Connection:** Ample opportunity for personal introspection, nature walks, and connecting with fellow participants.
- **Experienced Facilitators:** Receive guidance from facilitators dedicated to your healing and well-being.

**Important Note:** This retreat is designed for deep inner healing and transformation. It is *not* a recreational or casual experience. Participants should come with a sincere intention for self-exploration and a willingness to engage in the healing process.

You don't just come to feel better. You come to remember who you are.